

Round 3
7th February 2021
Location Nelson
Race Guide



1. WELCOME

MTBNZ

On behalf of the Mountain Bike New Zealand (MTBNZ) Executive Committee, I'd like to extend a warm welcome to athletes, supporters and spectators to the 2021 National DH Series Round three.

This event will see riders ranked amongst the best in the world competing for Championship titles. MTBNZ wishes all competitors the very best and we look forward to an exciting and fair race!

Chris Arbuckle

President, MTBNZ

2. KEY CONTACTS

Event Manager: Jono Corfield- 0273305089

DH Course Manager: Grant Gale- 021 533 750

MTBNZ President: Chris Arbuckle - 0212965879

Chief Commissaire (PCP): Matt Amos- 021 484 389

3. EVENT WEBSITE & SOCIAL MEDIA

<https://www.mtbnz.org.nz/mtbnz-national-event-series>

4. EVENT LOCATION

Sharlands Mountain bike park

291 Maitai Valley Road, Maitai, Hira Forest 7010

5. PARKING

Allocated parking available with marshals to ensure accessibility and order.

There will be a short walk from the parking area to the Event village.

Vehicles will be given access for gear drop off, but then must return to the parking area.

There will be space for riders' tents - first in best dressed!

6. RACE HQ

Race HQ will be at the finish of the track. Some tents will be provided for shelter and there will be a limited supply of Water.

Due to location please note the following:

There is no mobile phone in the race village.

Any sales within the Race Village will be CASH ONLY

7. ENTRIES and RACE REGISTRATION

Online entries are available through the event website here: <https://eventplus.net/NDH21>

Online entries for all categories close on Friday 5th February at 11:59pm. Late entries will **NOT** be accepted at Race HQ due to the timeframe of Nelson taking on this event.

8. TIMING AND NUMBER PLATES

All riders will be issued with a unique number plate. This must be attached to the front of your bike at all times including during practice.

All racing chips to be returned. There will be a cost of \$100 for non-return.

9. FOOD SUPPLIES - *Cash only due to location*

Coffee cart

BBQ

Tacos

10. FIRST AID

Paramedics and a medic vehicle will be located at the pits. Support will be provided by Pro-Med.

We also have PHEC trained crew on course and located around the venue.

11. ACCOMMODATION

Multiple accommodation options available in Nelson:

<https://www.nelsontasman.nz/visit-nelson-tasman/plan-your-trip/accommodation/>

12. LICENSING

All entries in UCI Categories must be 2021 UCI Annual licence holders.

All entries in Non-UCI Categories must be a 2021 UCI Annual licence holder or purchase a Cycling New Zealand one-day licence at the time of entry.

All NZL riders are also required to be a member of an affiliated MTB Club.

13. CATEGORIES

The following event categories are available for both male and female. Ages are calculated as at **31 December 2021**.

UCI Categories

Elite

U19

NON-UCI Categories DH

U15 - For riders aged 13 (minimum) or 14

U17 - For riders aged up to 16

Sport - For riders aged up to 29

Masters 1 - For riders aged 30 - 39

Masters 2 - For riders aged between 40 - 49

Masters 3 - For riders aged 50+

14. Event PROGRAMME

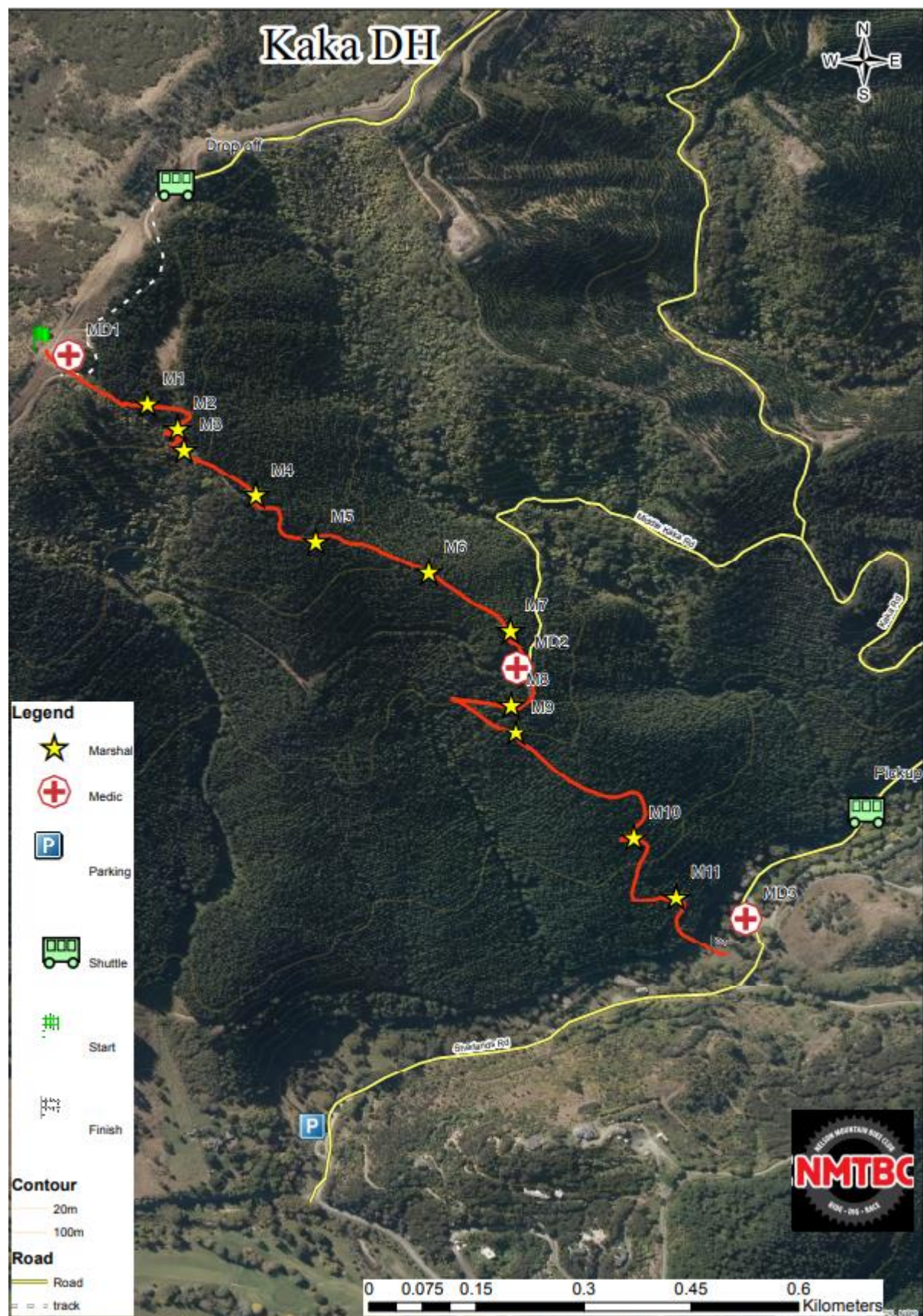
Saturday 6th February 2021

Time	Race	Action
3:00pm - 5:00pm	DH	Track Walk (registration required. Info below in 17.) NB: No medical coverage

Sunday 7th February 2021

Time	Race	Action
7.45am		Marshall/driver/first aid briefing
8:00am	Registration	Registration- No entries on day
8:15am		Marshall/ Medic uplift
08:45am	Shuttles open	Loading for first uplift
09:10am	Practice Runs	Practice Runs (All Riders) - at least two runs
12:15pm	Practise End	No Riders on Course
12:30 - 1:00pm	Lunch break	12:30 - 13:00 NO RIDERS ON COURSE
12:50pm		Compulsory race briefing
1:00pm	Shuttles Open	First riders loading for uplift
1:30 - 2:30pm	DH	Seeding runs
3:00 - 4:00pm	DH	Race runs
4:30pm	DH	Prize-giving

15. RACE COURSE



Nelson, Kaka R3 Nationals DH trail

16. RULES & EQUIPMENT

The race will be run under the MTBNZ/CNZ Technical Regulations, available at:

<https://www.mtbnz.org.nz/file-share/f04e9399-d2a8-4047-bda9-d7a78f6a8ca2> Rules that apply include:

- All riders must wear a correctly fitting helmet.
- The Cycling NZ/MTBNZ Protection policy will be enforced.
- No headphones to be worn while racing.
- No E -Bikes
- Bicycles must conform with current UCI regulations.
- The use of helmet, chest and similarly mounted cameras is not permitted during seeding or race runs

17. TRACK ACCESS PRIOR TO EVENT

Trail is closed until the event. Alternative **trails** such as [Broken axe](#) or [Fringe DH](#) can be practiced on by private shuttles which can be booked through [Gravity Nelson](#) or [Helibike Nelson](#)

6th Feb - Track walk (3.00pm - 5.00pm)

- Please register at info@nelsonmtb.club There will be transport provided to the top of the hill between 3.00pm-4.00pm. Transport pick up will be located at the race village which is located at the Finish line. (There may be wait times due to numbers)
- Registration for the Track Walk closes at 4pm on Friday 5th Feb.
- Please ensure you have suitable footwear.

7th Feb - Sunday Funday, race registration kicks off bright and early!

18. HEALTH AND SAFETY

We are committed to providing and maintaining high health and safety standards by ensuring that all risks and hazards associated with the event are adequately identified and managed to prevent harm. The safety of the riders, officials, volunteers and spectators have been included in the event planning. This includes (but is not limited to) course inspections, course marking, directional signage, hazard warning signage, communications and first aid provisions. If you have any questions or concerns regarding Health and Safety please report to the Chief Commissaire or to the Event Manager.

Notes:

- The event courses are designed for mountain biking and a certain amount of skill is required. By participating in this event, you are acknowledging that you have a sufficient level of experience and skill to ensure your own safety.

- It is your responsibility to manage your own safety during the event, to be aware of other park users at all times and to make responsible decisions.
- The event is held in an outside environment and weather conditions are likely to be very changeable. Ensure that you are prepared for inclement, adverse or extreme (hot or cold) conditions. If you withdraw from the race you must report back to the timing caravan at the finish line and advise an official.
- In the case of an evacuation, all riders are required to exit the course and report to the timing marquee to confirm their whereabouts.
- The entire event is smoke, drug and alcohol free. Please ensure that all your supporters are aware of this.

19. ADDITIONAL NOTES

- No UCI points are available.
- No prize money will be awarded.

DH protective requirements of the MTBNZ regulations

6.2. Downhill Protective Equipment Requirements: Junior - U15/17 (Includes U13, U14, U15, U16, U17 School grades)

6.2.1 The following items are mandatory:

Full Face Helmet - Any 1 or 2-Piece helmet with approved Safety Certification (see below) is permitted

- 'Enduro Style' 2 Piece helmets with removable Chin-bar are permitted if they meet the approved Safety Certification below. Note the Chin-bar must be attached any time the rider is on course
- Must achieve one of the following approved Safety Certification standards: ASTM-F1952 (ASTM for DH), UN/ECE Reg No. 22, AS 1698, NZ5430, British standard BS 6658 or Japanese standard T8133
- If you are unsure whether your particular helmet meets the required standard, please consult your helmet manufacturer's information

Neck Brace

- Leatt (leatt.com) or similar to work in conjunction with the Full-Face Helmet

Elbows/Forearm Protection - Regardless of the length of shirt with the following properties:

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Can be standalone elbow protectors or as part of a protective suit e.g., full body, half body or vest
- Can be elbow only or combined elbow/forearm protection

Knee/Shin Protection - regardless of the length of short/pant with the following properties:

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Can be standalone leg protectors or part of a protective suit e.g., full body, half body or vest
- Can be one piece knee/shin protectors or separate knee and shin padding

6.2.2 The following items are highly recommended:

Spinal Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
Cover full length of back (spine) from between shoulder blades to tail bone, Can be fully, partially or non-articulated in design
- Can be standalone back protectors or part of a protective suit e.g. full body, half body or vest
- Motocross style “roost guards” are NOT PERMITTED unless with a specific back protector, not just a rear roost deflector

Shoulder Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
Outer shell should be constructed of a solid material e.g. Hard Shell Plastic
- Can be standalone shoulder protectors or part of a protective suit e.g. full body, half body or vest

Hand Protection

- Full Finger Gloves

6.3 Downhill Protective Equipment Requirements: Seniors: U19, Elite, Masters (includes U20 Boys in Schools grades)

6.3.1 The following items are mandatory:

Full Face Helmet - Any 1 or 2-Piece helmet with approved Safety Certification (see below) is permitted

- 'Enduro Style' 2 Piece helmets with removable Chin-bar are permitted if they meet the approved Safety Certification below. Note the Chin-bar must be attached any time the rider is on course
- Must achieve one of the following approved Safety Certification standards: ASTM-F1952 (ASTM for DH), UN/ECE Reg No. 22, AS 1698, NZ5430, British standard BS 6658 or Japanese standard T8133
- If you are unsure whether your particular helmet meets the required standard, please consult your helmet manufacturer's information

Elbows/Forearm Protection

- Long sleeve jersey giving at least 3/4 arm cover, preferably to the wrist, **OR:** Short sleeve jerseys worn with elbow protectors with the following properties
- Self-fastening-doesnotrequireauxiliaryfasteningdevicestosecuretothebody o Can be standalone elbow protectors or as part of a protective suit e.g. full body, half body or vest
- Can be elbow only or combined elbow/forearm protection
- Short sleeved jerseys (elbow and above), when worn without elbow protection are NOT PERMITTED

Knee/Shin Protection

- Long leg pants giving full cover to the ankle, **OR:** Short leg pants worn with knee protectors with the following properties:
- Self-fastening-doesnotrequireauxiliaryfasteningdevicestosecuretothebody
- Can be standalone leg protectors or part of a protective suit e.g., full body, half body or vest
- Can be one piece knee/shin protectors or separate knee and shin padding
- Short leg pants (above ankle), when worn without knee protectors re NOT PERMITTED 6.3.2

The following items are highly recommended:

Spinal Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body
- Cover full length of back (spine) from between shoulder blades to tail bone
- Can be fully, partially or non-articulated in design
- Can be standalone back protectors or part of a protective suit e.g., full body, half body or vest
- Motocross style “roost guards” are NOT PERMITTED unless with a specific back protector, not just a rear roost deflector

Shoulder Protection

- Self-fastening - does not require auxiliary fastening devices to secure to the body Outer shell should be constructed of a solid material e.g., Hard Shell Plastic
- Can be standalone shoulder protectors or part of a protective suit e.g., full body, half body or vest

Neck Brace- Optional

- Leatt (leatt.com) or similar to work in conjunction with the Full-Face Helmet.

Hand Protection

- Full Finger Gloves